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PART - II

भारतातली पहिली महिला शिक्षिका

“सावित्रीबाई फुले”

Special Issue
“WOMEN EMPOWERMENT”

VOLUME - VII, ISSUE - I
JANUARY - MARCH - 2018

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अध्यक्ष
महाराष्ट्र विधानसभा
विधान भवन, मुंबई ४०० ०३२
दिनांक : 15 MAR 2018

संदेश...

महाराष्ट्र राज्य महिला आयोगाच्या पुढाकाराने औरंगाबाद येथील शासकीय कला आणि विज्ञान महाविद्यालयातर्फे "लिंगभाव संवेदनशीलता आणि त्यासंदर्भातील जागृती" या विषयावर राष्ट्रीय स्वरूपाची परिषद दि. १७ मार्च, २०१८ रोजी आयोजित करण्यात आली आहे. या स्वागतार्ह उपक्रमाबद्दल मी सर्व संयोजकांचे मनःपूर्वक अभिनंदन करतो.

लिंगभेद न मानता स्त्री आणि पुरुष अशा दोन्ही समाजघटकांना आपल्या प्रगतीची समान संधी उपलब्ध करून देणे, हे प्रगत समाजव्यवस्थेचे लक्षण आहे. आज शहरीभागात सर्वक्षेत्रात महिलावर्गाने आपल्या कार्यकर्तृत्वाचा ठसा उमटविला असला तरी ग्रामीण आणि निमशहरी भागात अजूनही महिलांना दुय्यम वागणूक दिली जाण्याचे प्रमाण लक्षणीय आहे. वर्चस्ववादी पुरुषी मानसिकतेतून आपण अजूनही पूर्णपणे बाहेर पडलेलो नाही. आज भारतात लोकसभा या सर्वोच्च सदनाने अध्यक्षस्थान, देशाचे संरक्षण मंत्रीपद आणि परराष्ट्र व्यवहार मंत्रीपद अशी तीनही महत्त्वाची पदे आमच्या भगिनी अतिशय समर्थपणे सांभाळत आहेत. महाराष्ट्र कन्येने घटनात्मकदृष्ट्या सर्वोच्च असे राष्ट्रपतीपदही भुषविले आहे. त्यामुळे कार्यक्षमता आणि कर्तृत्व यात महिला कुठेही कमी नाहीत. प्रश्न आहे तो समानसंधी आणि भेद विरहित दृष्टीकोनाचा. कुटुंबव्यवस्था, शालेय आणि महाविद्यालयीन स्तर आणि समाज अशा चारही स्तरावर या विषयावर जागरूकता आणि प्रबोधनाची गरज आहे. रुढी, परंपरा, अंधश्रद्धा, जाती-धर्मातील अनिष्ट चालीरिती या सर्वांचा फार मोठा अडसर प्रबोधनाचे उद्दिष्ट गाठण्यामध्ये आहे. या परिषदेच्या माध्यमातून यासंदर्भातील प्रबोधनाच्यादृष्टीने पुढचा टप्पा गाठला जाईल, पथदर्शक विचारमंथन होईल अशी मला आशा आहे. या परिषदेच्या यशस्वीतेसाठी तसेच, यानिमित्त प्रकाशित होत असलेल्या स्मरणिकेसाठी माझ्या हार्दिक शुभेच्छा...

(हरिभाऊ बागडे)

देवेन्द्र फडणवीस

मुख्य मंत्री
महाराष्ट्र



मंत्रालय
मुंबई ४०० ०३२
१३ मार्च २०१८

शुभेच्छा

औरंगाबाद येथील शासकीय कला आणि विज्ञान महाविद्यालयाची राष्ट्रीय सेवा योजना व महाराष्ट्र राज्य महिला आयोगाच्या संयुक्त विद्यमाने **Gender Sensitization And Its Awareness** या विषयावरील राष्ट्रीय परिषदेचे करण्यात आलेले आयोजन हे स्त्री-पुरुष समतेसोबतच स्त्री सक्षमीकरणासाठी अनुकूल अशी मनोभूमिका निर्माण करण्यासाठी निश्चितच उपयुक्त ठरणार आहे.

सध्याच्या संक्रमण पर्वात स्त्री सक्षमीकरणास अनेकविध आयाम लाभत असतानाच त्यासाठी समाजजाणिवा पूरक-पोषक करण्याचे आव्हान आपल्यासमोर आहे. केवळ आर्थिक स्वावलंबनातून हे सक्षमीकरण पूर्णत्वाकडे जाऊ शकत नाही. सर्वसमावेशक लिंगसमानता आस्तित्वात येण्यासाठी आवश्यक असणाऱ्या परिवर्तनासाठी उपयुक्त असणाऱ्या प्रबोधनास अशा स्वरूपाच्या परिषदांच्या माध्यमातून चालना मिळू शकेल. महिलांचे सर्वंकष सक्षमीकरण व्हावे हा राज्य शासनाचाही अर्जेड्यावरील प्राधान्याचा विषय आहे. त्यासाठी शासन सर्व पातळ्यांवर प्रयत्नशीलही आहे. मात्र, सामाजिक बदलाची प्रक्रिया प्रभावी होण्यासाठी सक्रिय जनसहभाग अधिक आवश्यक असतो. त्यादृष्टीने जनमानस तयार व्हावे, यासाठी होत असलेले या परिषदेचे आयोजन प्रशंसनीय आहे.

या राष्ट्रीय परिषदेस मनःपूर्वक शुभेच्छा!

(देवेन्द्र फडणवीस)

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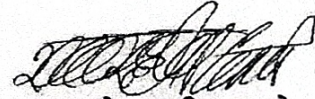
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सदस्य, लोकसभा
अध्यक्ष, भारतीय जनता पार्टी, महाराष्ट्र

शुभ संदेश

शासकीय कला व विज्ञान महाविद्यालय, औरंगाबाद येथे राष्ट्रीय सेवा योजना एकक व महाराष्ट्र राज्य महिला आयोग यांच्या संयुक्त विद्यमानाने राष्ट्रीय चर्चासत्राचे दि. १७ मार्च २०१८ रोजी आयोजन करण्यात आलेले आहे. सदरील चर्चासत्राच्या निमित्ताने आपण रिसर्च जनरल प्रकाशित करत आहात याचा अभिमान वाटतो. या अंकासाठी मेहनत करण्या-या सर्वांचे मी कौतुक करतो. यापुढेही त्यांनी असेच अंक प्रसिध्द करावेत, अशा हाती घेतलेल्या कार्यासाठी माझे सदैव आपणांस सहकार्य राहिल.

आपल्या विशेषांकास माझ्याकडून हार्दिक शुभेच्छा...

आपला


रावसाहेब पाटील दानवे

मुंबई : सी.डी.ओ. बॅरक नं. १, वसंतराव भागवत चौक, योगक्षेमसमोर, नरिमन पॉईंट, मुंबई-४०००२०
दूरध्वनी : ०२२-२२०२२०५०/ २२०४८६८७ फॅक्स : २२८५२३०५

जालना : ११, वसंत स्मृती, राजुरी कॉर्नर, जालना - ४३१ २०३. दूरध्वनी : ०२४८२-२३२४००

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Vinod Tawde
Minister
School Education, Sports and
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Cultural Affairs, Minorities Development and
Wakf



GOVERNMENT OF MAHARASHTRA
Mantralaya, Mumbai 400 032
www.maharashtra.gov.in

Date : 15 MAR 2018

MESSAGE

I was pleased to learn about the organisation of National Conference by Government College of Arts and Science, Aurangabad.

On this backdrop, it is incredible that the organisers are taking incredible initiative to promote the research potential and capabilities in the students by the means of publishing a research journal. It is essential to encourage the curiosity for research in our students, for the promising future of our nation. This initiative showcases the innovative approach of your institution towards achieving excellence in education by extending renewed commitment towards research.

I hope this platform brings together educators, experts and students on a shared platform for mutually beneficial experience in the field.

I extend my best for all future endeavours.

Thank you.

Yours,

(Vinod Tawde)



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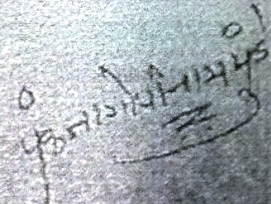
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शुभेच्छा संदेश

शासकीय ज्ञान व विज्ञान महाविद्यालयाच्या राष्ट्रीय सेवा योजना एकक व महाराष्ट्र राज्य महिला आयोगाच्या सहकार्याने GENDER SENSITIZATION & IT'S AWARENESS या विषयावर राष्ट्रीय चर्चा सत्राचे आयोजन केल्याचे समजून अतिशय आनंद झाला.

महिलांचे प्रश्न जाणून त्यांच्याविषयी मार्गदर्शन, स्त्री भ्रुण हत्याविषयी जागरुकता, शिक्षण, सामाजिक क्षेत्रात महिलांना उच्च स्तरावर घेवून जाण्यासाठी संस्था कार्यरत आहे. आपल्या महाविद्यालयातील राष्ट्रीय सेवा योजना एककाने महिलांना केंद्रबिंदू मानून विविध उपक्रमांसह राष्ट्रीय चर्चासत्राचे आयोजन केलेले असून ही महाविद्यालयाच्या दृष्टीने अभिमानास्पद बाब आहे.

महिलांच्या राष्ट्रीय चर्चासत्राच्या यशस्वीतेसाठी माझ्या माझ्या मत्तःपूर्वक शुभेच्छा.


(पंकजा गोपीनाथ मुंडे)



// स्त्रीशक्तिस्तुत्या सरा //

विजया रहाटकर (राज्यमंत्री दर्जा)
Vijaya Rahatkar (State Minister Rank)

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सत्यमेव जयते

अध्यक्षा
महाराष्ट्र राज्य महिला आयोग,
महाराष्ट्र राज्य

CHAIRPERSON

MAHARASHTRA STATE COMMISSION FOR WOMEN,
GOVERNMENT OF MAHARASHTRA

SR.NO: MMA/2018/WMEMP /D-7
Date : 13th March, 2018

There are several challenges on the way of Women Empowerment. Lot of crimes against women are raising the issues of women rights in India. To empower and uplift the women's status in the society, it is extremely important to eradicate all the issues and challenges faced by women since long.. Maharashtra State Commission for Women is bound for it. Most common challenges are related to the education, poverty, health and safety of the women

Women in India have been the victim of exploitation for many years despite of 'UN Charter of Human Rights' and provisions of the Indian Constitution. This gap can be removed by educating women and making them more independent which is the only option to break the wall of inequality, negligence, intolerance, social taboo and exploitation. Poverty is another issue for backwardness of women in the society. Eradication of poverty can be removed by eradicating the women illiteracy. Mostly women are exploited for domestic help. If poverty, health, safety, crime and other issues related to women are addressed well, then we can see the real dream of women empowerment.

Hence I congratulate Government College of Arts and Science, Aurangabad for selecting the topic of "Gender Sensitization and its Awareness" for 'National Interdisciplinary Conference'. Since it is an Interdisciplinary Conference it is covering almost all the aspects which are related to women. This one day conference will highlight a lot of research findings which will help in designing any new policy for women.

I wish organisers great success in this endeavour of publishing the 'Research Journal'.

Yours faithfully,

V. Rahatkar

(Vijaya Rahatkar)
Chairperson

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॥ श्री ॥

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जा.क्र.

दिनांक:

दि. १४ मार्च २०१८

--:: शुभेच्छा ::--

शासकीय ज्ञान व विज्ञान महाविद्यालयातर्फे राष्ट्रीय सेवा योजना एकक व महाराष्ट्र राज्य महिला आयोग यांच्या संयुक्त विद्यमाने राष्ट्रीय चर्चासत्राचे आयोजन करण्यात आले आहे. तसेच या निमित्ताने "रिसर्च जर्नलचे" प्रकाशनही करण्यात येत आहे. याचा मला अतिशय आनंद होत आहे

वरील दोन्ही उपक्रम हे अत्यंत कौतुकास्पद आहेत. महाविद्यालयीन जीवनात विद्यार्थ्यांच्या बौद्धिक विकासासाठी चर्चासत्र अत्यंत आवश्यक आहे. त्यामुळे विद्यार्थ्यांना सर्वांगीण विचार करण्याची सवय लागते. त्यामुळे सम्यक विचार करण्याची विद्यार्थ्यांची शक्ती विकसित होते. तसेच विद्यार्थ्यांच्या सुप्तकलागुणांना वाव मिळतो. आपले विचार चारचौघात मांडण्याची क्षमता विकसित होते.

"रिसर्च जर्नल" ची कल्पनाही चांगली असून, अशाप्रकारच्या उपक्रमाची अत्यंत आवश्यकता आहे. शासकीय ज्ञान व महाविद्यालयाच्या प्राचार्य व प्राध्यापकवृंदाने हा उपक्रम आयोजित केल्याबद्दल मी त्यांचे अभिनंदन करतो.

शासकीय ज्ञान व विज्ञान महाविद्यालय हे जुने महाविद्यालय असून या ऐतिहासिक शहराचे भूषण आहे. या महाविद्यालयाने विविध क्षेत्रा करिता आदर्श नागरिक घडविले आहेत याचा मला सार्थ अभिमान आहे. महाविद्यालयाच्या पुढील शैक्षणिक वाटचालीस माझ्या शुभेच्छा.

नंदकुमार घोडले

महापौर



अतुल मोरेश्वर सावे

आमदार

महाराष्ट्र विधानसभा

(संभाजीनगर) औरंगाबाद पूर्व

अध्यक्ष : विधानसभा विशेष अधिकार समिती

दि. १३/०३/२०१८

जा.क्र. ६०७४/२०१८

शुभ संदेश

गव्हर्मेण्ट कॉलेज ऑफ आर्ट अँड सायन्स औरंगाबाद येथे राष्ट्रीय सेवा योजना एकक व महाराष्ट्र राज्य महिला आयोग यांच्या संयुक्त विद्यमानाने राष्ट्रीय चर्चासत्राचे दि. १७.३.२०१८ रोजी आयोजित करण्यात आलेले आहे. तसेच सदरील चर्चासत्राच्या निमित्ताने रिसर्च जनरल प्रकाशित करत आहात याचा आम्हाला अभिमान आहे. या अंकासाठी मेहनत घेणाऱ्या संपादकांचे व त्यांच्या सहकाऱ्यांचे मी कौतुक करतो. भविष्यात त्यांच्याकडून असेच दर्जेदार व संग्राह्य असलेले अंक प्रसिध्द करावेत व हाती घेतलेल्या महान कार्यासाठी आम्ही सदैव आपणास सहकार्य करू. आपल्या विशेषांकास माझ्या हार्दिक शुभेच्छा !

धन्यवाद!

आपला

अतुल मोरेश्वर सावे

आमदार, पुर्व विधानसभा

औरंगाबाद



Sitaram Kunte

Additional Chief Secretary

Higher & Technical Education Dept.,

Mantralaya,

Mumbai - 400 032.

Date : 13.03.2018

MESSAGE

It is a pleasure to know that a National Interdisciplinary Conference on “**GENDER SENSITIZATION & ITS AWARENESS**” is being organized by National Service Scheme - Unit, Government College of Arts & Science, Aurangabad.

We in India are very proud of our Nari Shakti. Women are shining in various sectors and enriching India's development journey. I am sure that the Conference will have many distinguished speakers, and the deliberations will provide innovative solutions for gender issues.

I convey my best wishes for the conference.

(Sitaram Kunte)



डॉ. पुरुषोत्तम भापकर
भा.प्र.से.
विभागीय आयुक्त

अ.शा.पत्र.क्र. ७६३.

विभागीय आयुक्त कार्यालय, औरंगाबाद विभाग
औरंगाबाद - ४३१ ००१

☎ : ०२४०-२३३१२९४ / २३५००४४ (का)
२३३०९०२ (फॅक्स) २३३१२२१ (नि)

E-mail : divcom.aurangabad@maharashtra.gov.in
divcomabd@gmail.com

दिनांक : १५ मार्च, २०१८.

॥ शुभेच्छा संदेश ॥

शासकिय ज्ञान विज्ञान महाविद्यालयाचे राष्ट्रीय सेवा योजना एकक व महाराष्ट्र राज्य महिला आयोगाच्या सहकायनि "GENDER SENSITIZATION & ITS AWARENESS", राष्ट्रीय चर्चासत्राचे आयोजन केल्याचे समजून अतिशय आनंद झाला.

महिलांचे प्रश्न जाणून त्यांच्या विषयी मार्गदर्शन, स्त्री भ्रूण हत्या विषयी जागरुकता, शिक्षण, सामाजिक क्षेत्रात महिलांना उच्च स्तरावर घेवून जाण्यासाठी संस्था कार्यरत आहे. आपल्या महाविद्यालयातील राष्ट्रीय सेवा योजना एककाने महिलांना केंद्रबिंदु मानून विविध उपक्रमासह राष्ट्रीय चर्चासत्राचे आयोजन केलेले असून ही महाविद्यालयाच्या दृष्टीने अभिमानास्पद बाब आहे.

सदरील महिलांच्या राष्ट्रीय चर्चासत्राच्या यशस्वीतेसाठी माझ्या मनःपूर्वक शुभेच्छा.

Shankar
14/3/2018

(डॉ. पुरुषोत्तम भापकर) भा.प्र.से.,
विभागीय आयुक्त, औरंगाबाद.

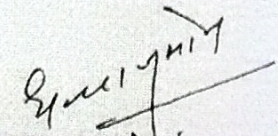


डॉ. धनराज माने
शिक्षण संचालक, उच्च शिक्षण

दिनांक १६ मार्च, २०१८

“शुभेच्छा”

औरंगाबाद येथील शासकीय ज्ञानविज्ञान महाविद्यालयातील राष्ट्रीय योजना एकक आणि महाराष्ट्र राज्य महिला आयोग यांच्या संयुक्त विद्यमाने “Gender Senzitized and Its Awareness” या विषयावर राष्ट्रीय चर्चासत्राचे आयोजन करण्यात आले आहे. हे आयोजन स्त्री-पुरुष समतेसोबतच स्त्री सक्षमीकरणासाठी अनुकूल अशी मनोभूमिका निर्माण करण्यासाठी निश्चित उपयुक्त ठरेल. या चर्चासत्राच्या निमित्ताने “ रिसर्च जर्नलचे ” प्रकाशनही करण्यात येणार आहे. त्यामुळे विद्यार्थी आणि प्राध्यापक यांच्यामधील संशोधन वृत्तीची निश्चित वाढ होईल. विद्यार्थ्यांच्या सर्वांगीण विकासासाठी अशा उपक्रमांची आवश्यकता असते. हे चर्चासत्र आयोजित केल्याबद्दल मी शासकीय ज्ञानविज्ञान महाविद्यालयातील प्राचार्य, प्राध्यापक, कर्मचारी आणि विद्यार्थ्यांचे अभिनंदन करतो आणि या राष्ट्रीय चर्चासत्रास मनःपूर्वक शुभेच्छा देतो.


(डॉ. धनराज माने)

प्रती :-

प्राचार्य,
शासकीय ज्ञानविज्ञान महाविद्यालय,
औरंगाबाद.



महाराष्ट्र शासन
GOVERNMENT OF MAHARASHTRA
महाराष्ट्र राज्य महिला आयोग

Maharashtra State Commission For Women

गृहनिर्माण भवन (म्हाडा बिल्डिंग)
कलानगर, पोटमाळा, वांद्रे (पूर्व), मुंबई ४०० ०५१.
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Website : www.mahilaayog.maharashtra.gov.in

Gruha Nirman Bhavan (MHADA Bldg.)
Mezzanine Floor, Kalanagar, Bandra (E.) Mumbai 400 051.
Fax : 022-2659 1541
E-mail : [mshcmahilaayog@gmail.com](mailto:mahilaayog@gmail.com)

No: MMA/2018/WE/D-6/
Date: 13/03/2018

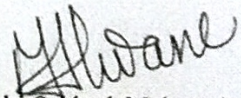
Concerns surrounding gender inequality and discrimination in India have occupied the minds of policy makers, academicians, lawyers, activists and concerned citizens for years. India has witnessed entrenched prejudice and discrimination against women and girls for centuries, manifested in acts of rape, domestic violence, child marriage, female feticide, low levels of literacy and high malnourishment rates among girls and women. For years, such behavior, prejudice and attitudes in society were not only seen as acceptable, but even inevitable. This patriarchal view of women as inferior and lesser citizens has adversely affected their Constitutional and Human rights. While advances have been made in recent years in improving the condition of women and girls, a lot is yet to be achieved.

One of the best methods to combat the scourge of gender discrimination is gender sensitization. Sensitizing people and encouraging them to question for taboos and beliefs with regard to women will lead to a process of change, empathy and gender equality. Considering the entrenched nature and the pervasiveness of gender inequality, gender sensitization is relevant across all demographic groups.

The National Interdisciplinary Conference on "*Gender Sensitization and its Awareness*" organized by Government College of Arts and Science, Aurangabad is an important step towards creating a consensus on the best practices and methods for gender sensitization and its awareness. The extensive list of sub-themes reflects the depth and breadth of the ambitious endeavor of the prestigious institution. The issues are cross cutting and implicate aspects of health, education, safety, culture, disability, crime and society, and economics.

I congratulate the organizers for this laudable effort towards upholding the Constitutional values of equality, justice and fairness. The conference provides a valuable forum for discussing important issues, and the papers presented and the discussions would undoubtedly add rich insights to current debates on gender sensitization and transformation of gender norms. I congratulate them for publishing all these research papers in the 'Research Journal'

My best wishes to the organizers for this scientific venture.


(Dr. Manjusha Subhash Molwane)
Member Secretary (I/C)

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सह संचालक, (उच्च शिक्षण), औरंगाबाद विभाग, औरंगाबाद
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जा.क्र.विसहसं/उशि/औवि/शुभेच्छा संदेश/२०१८/

दि. १५.०३.२०१८

शुभेच्छा

शासकीय ज्ञान-विज्ञान महाविद्यालयाचे राष्ट्रीय सेवा योजना एकक व महाराष्ट्र राज्य महिला आयोगाच्या सहकार्याने "GENDER SENSITIZATION & ITS AWARENESS", या विषयावरील राष्ट्रीय चर्चासत्राचे आयोजन केल्याचे समजून अतीशय आनंद झाला.

महिलांचे प्रश्न जाणून त्यांच्याविषयी मार्गदर्शन, स्त्री भ्रुण हत्याविषयी जागरूकता, शिक्षण, सामाजिक क्षेत्रात महिलांना उच्चस्तरावर घेऊन जाण्यासाठी संस्था कार्यरत आहे. आपल्या महाविद्यालयातील राष्ट्रीय सेवा योजना एककाने महिलांना केंद्रबिंदू मानून विविध उपक्रमांसह राष्ट्रीय चर्चासत्राचे आयोजन केलेले असून ही महाविद्यालयाच्यादृष्टीने अभिमानास्पद बाब आहे.

सदरील महिलांच्या राष्ट्रीय चर्चासत्राच्या यशस्वीतेसाठी माझ्या मनःपूर्वक शुभेच्छा.

RSDheurnasakar
15-3-18
(डॉ. राजेंद्र धामणस्कर)
विभागीय सह संचालक,
(उच्च शिक्षण),
औरंगाबाद विभाग, औरंगाबाद.

Message

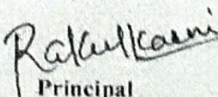
It gives us immense pleasure to present the 'Special issue' on Gender sensitization and Women Empowerment'. I extend my warmest greetings to all educationists, academicians, students, research scholars, thinkers and intellectuals.

Humanitarian values prevail in an egalitarian society, where gender norms are fluid and inclusive. Change in the mental, social, psychological, emotional make-up of a person can be made through "Gender Sensitization and its Awareness". Deconstruction of Standard notions and myths can bring about a change in post-modern society.

This journal is an endeavor to showcase various perspectives on gender defined roles in the society. More than hundred research papers have been compiled in this journal which makes it an interesting read! The interest and enthusiasm of publishing the journal is fully supported and endorsed by Government of Maharashtra and Maharashtra State Commission for Women, Mumbai.

I take this opportunity to express my sense of gratitude towards all the dignitaries who encouraged us to hold the conference. I wish success to all participants and hope they would come up with some thought provoking ideas after the whole day of brainstorming sessions. I wish all the thinkers, intellectuals and academicians a very mentally stimulating experience.

May the thoughts materialize into reality and not stay in utopia!


Principal
Govt. College of Arts and Science,
Aurangabad

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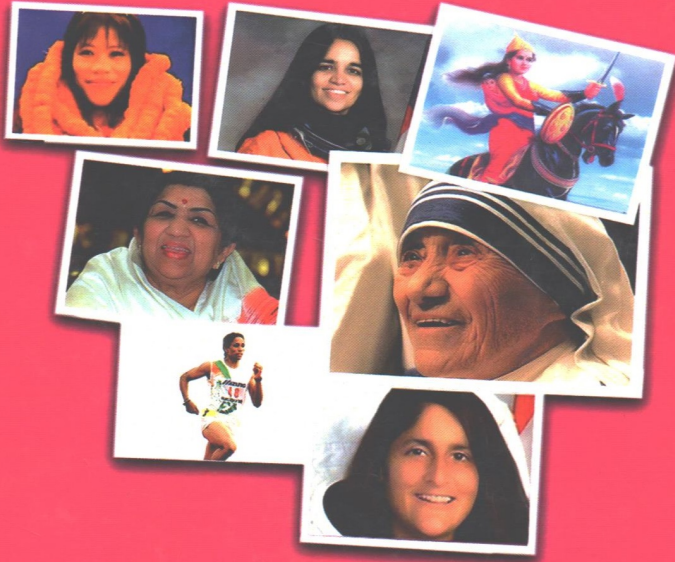
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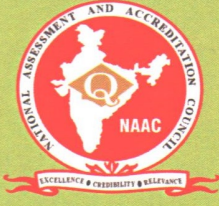
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Government of Maharashtra



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Established In 1923, NAAC Reaccredited 'A' Grade (2016)

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Fostering Teaching Learning Practices for Quality Enhancement In Higher Educational Institutions

Dr. Rajendra H. Satpute

Principal (I/c) & Editor

Dr. Yugandhara S. Topare

Convener & Coordinator IQAC



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Fostering Teaching Learning Practices for Quality
Enhancement in Higher Educational Institutions-2





Dr. Dhanraj Mane
Director, Higher Education



Message

It gives me immense pleasure to convey that Government College of Arts & Science, Aurangabad is organizing NAAC sponsored One Day National Webinar on "Fostering Teaching Learning Practices for Quality Enhancement in Higher Educational Institutions" on 5th July 2021.

This Webinar is a significant one that will provide an opportunity for the Principals, IQAC coordinators, Teachers, Administrators and research scholars from academic institutions to share and exchange their ideas on recent advancements in learning practices in higher education sector of India. An ideal approach towards new changes in National curricular framework and guidelines will definitely contribute in the improvement in both teaching and research quality in HEIs of India. It is very important that institutional mechanism should be developed to adopt a holistic and functional approach for community engagement by encompassing all the three functions of HEIs i.e. Teaching, Research and Service to the community.

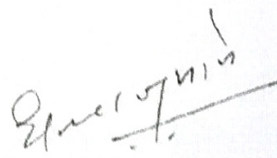
This pandemic has taught us to use the available resources wisely and has also trained the academic fraternity to use digital tools at a large scale. We are striving hard to create quality human resource through HEIs.

The theme of Webinar is wisely chosen keeping in mind the present mode of teaching and learning. The initiative taken by IQAC of the college will certainly contribute to the pool of knowledge and research. I hope that the dialogue generated at this Webinar will lead to the implementation of many new ideas in this direction and thus pave a wave for further improvements.

I extend my warm greetings to the Principal, IQAC, teaching and non-teaching staff members of the college and best wishes for the webinar.

I wish the Webinar a Grand Success.

Place: Pune
Date: 02/06 /2021


(Dr. Dhanraj Mane)
Director
Higher Education
Government of Maharashtra
Pune





Dr. Rajendra H. Satpute
Principal (I/c)
Editor & Chief Organizer,
Government College
of Arts & Science,
Aurangabad, (M.S)

From the Principal's Desk

It gives me great pleasure to present an edited volume of seminar proceedings of NAAC sponsored one day National online seminar on 'Fostering Teaching Learning for Quality Enhancement in Higher Educational Institutions' organized by IQAC, Government College of Arts & Science, Aurangabad. I feel delighted to express my gratitude towards NAAC for offering sanction to this seminar.

At the outset I am extremely grateful to our patron, Director, Higher Education, Dr. Dhanraj Mane sir for his continuous encouragement for academic activities.

The conferences, workshops and seminars encourage us to develop eco system of education. As whole world is facing a pandemic situation, there are two sides of the Pandemic situation of covid 19. It has created huge impact on living of human being but it has opened other opportunities for introspection. This online seminar was good opportunity for us to know the teaching learning aspects from experts in education sector in India. Quality teaching in higher education is important for student learning outcomes. Therefore, fostering teaching learning practices is important in higher education institutions in India. Educational institutions are facilitators, mentors and supporters of students. This volume brings out research papers and articles on the sub themes of the seminar. Research scholars, professors and teachers have academic contribution in it.

I believe that this edited book of research papers will be useful for all academicians and educational institutions.

I congratulate Dr. Yugandhara S. Topare, coordinator, IQAC and all members for taking sincere efforts in bringing out this volume on teaching learning practices.

With warm regards.



Dr. Yugandhara S. Topare

Webinar Convener
& Coordinator IQAC,
Government College
of Arts & Science,
Aurangabad, (M.S)

Editorial

Before writing this brief piece of editorial to this volume of research papers received as a response to our call for publication for this NAAC sponsored webinar on Fostering Teaching Learning Practices for quality enhancement in Higher Educational Institutions on 5th July 2021 on virtual platform Zoom, I must express my gratitude to NAAC for sanctioning grants for organization of this webinar. This assistance by NAAC is a great help for our institution on the background of Covid 19 pandemic situation. NAAC expects proposals for organization of the seminar under the stipulated areas decided by them. We proposed for the discussion on the subject of fostering teaching learning practices

I am very much thankful to our respected Director, Dr. Dhanraj Mane sir for best wishes and encouragement to organize webinar and publication of edited book. I am thankful to the Principal Dr. Rajendra Satpute sir for kind support in the organization of webinar and publication process.

On the background of globalization, the role of higher educational institutions is becoming more competitive. Being a mentor and supporter, institutions are expected to foster teaching learning practices. This webinar discusses about methods of measuring teaching quality, new educational policy, outcome-based education and framing innovative courses and employability in higher educational institutions. There are many aspects which are complementary to foster teaching learning practices. Extension activities, community services and learning, mentoring practices, good infrastructure for practical and academic activities, curriculum development, skill-oriented courses and employability, scholarships and student's welfare funds, faculty development programs, pedagogical skills and policies of institution are some of the important aspects among them.

This edited book is a collection of research papers and research articles based on subthemes on fostering teaching learning practices. There are total thirty-five papers including English and Marathi language in this book. It includes some important themes like case study of teaching practices, educational policy-oriented papers, library resources, digital techniques in teaching, use of educational apps and its analysis etc. A paper by Mrs. A. Subhashini focusses a need of legal education as a legitimate career. A study on student's approach towards Economics and identifying student friendly practices for quality learning emphasizes that teacher's teaching quality and mastery over the subject creates friendliness towards the subject.

A paper by Delcy Lopes and Naukudkar on fostering research activities for teachers suggests that institutional policy is necessary to promote research values among teachers. A case study of extension activities in teaching in Botany by Dr. Bodkhe proposes that teacher should review teaching everytime for good learning process. Dr. Bidarkar and Dr. Kamble focusses the necessity of library resource development and effectiveness of InFLiBnet for effective teaching. Dr. Khandar and Dr. Deshmukh emphasizes need of educational research for proper assimilation of knowledge. Case studies in service learning approach by Dr. Choudhari attempts to link service learning and community engagement. Case study by undergraduate students by Dr. R. S. Kale very effectively and technically focusses that wellbeing index of students in pandemic

situation has not largely affected. Two to three papers show how transformation took place in education system. Learner centered education, role of fellowship, right to quality education, critical study of online teaching and its impact are some of the aspects of teaching learning which are discussed in this edited book.

This edited book attempts to focus on the supporting things in educational system for quality and outcome-oriented teaching and learning. I hope this volume will be useful for academicians and Higher education institutions. I am thankful to all the contributors to this volume for their research papers, without them this would not have been a reality.

I would like to thank external experts Dr. J. S. Ambhore, Dr. Sadhana Kolhekar, Dr. Nalini Muley, Dr. Aparna Kottapalle and Smt. Vidya Ingole for spending valuable time and reviewing research papers. I am thankful to editorial board members Dr. Archana Chapolikar, Dr. Vaishali L. Deshmukh, Dr. Seema Bodkhe, Dr. Khan Talat Shaista, Mr. Sandip Jogdand, Mr. Ajaykumar Gandhi and Dr. Ramprasad Kale for assistance in the editorial process. I am thankful to Dr. Archana Choudhari for technical support. I would like to thank Mr. Deepak Urgunde for providing college photographs. I am thankful to publisher Dr. Sanjeevkumar Sawale for neat type settings. Lastly, I am thankful to all teaching and non-teaching members of Govt. college of Arts & Science for their cooperation in this academic endeavor.



Fostering teaching learning...

Online seminar organized by IQAC, Government College of Arts & Science, Aurangabad (M.S) on Fostering Teaching Learning Practices for quality enhancement in HEI has focused on the major areas of qualitative development in Higher education. Discussion and presentations by stalwarts in the education sector brought out important outcomes of the seminar. These outcomes will definitely help in the development and regulation of policy for educational ecosystem and societal transformation.

Measuring quality teaching is a big task for educational system. There are specific parameters to decide good researcher but no specific parameters to decide good teacher. Our country needs good teachers as well as good researchers also.

-Dr. Raja Shekhar, Pro vice Chancellor, University of Hyderabad, Telangana.

New educational policy emphasizes on the interdisciplinary approach in teaching learning. Excellence in education and research, student centric approach and liberal education are important features of it. HEI's should make transformation in teaching learning for liberal and inclusive education.

-Dr. S. Sankar, Retd. Principal & Advisor, ANR College, Gudivada, A.P.

Curriculum and pedagogical skills will help to develop outcome-based education. Education should be outcome oriented and not output. Goals should be very clear. Effective delivery of the content matters, for that we need good teachers. Education should be learner centered.

-Prof. Kalpana Chavan, St. Xavier's Institute of Education, Mumbai.

Curriculum development and employability in HEI's should be strengthened. Fundamental shift from qualification to skills is necessary. Approach towards constructivism and behaviorism in curriculum is required for outcome and employability in educational sector. Colleges are not expected to provide employment to students but to create employability. Up skilling continuously is the only option for teacher fraternity to percolate it among students.

-Dr. Vijay Joshi, Chief Consultant, RUSA, MSPD and Retd. Principal,
K.J. Somaiya College, Mumbai

YouTube link for the webinar

<https://www.youtube.com/watch?v=wpMU2JAQTgA>

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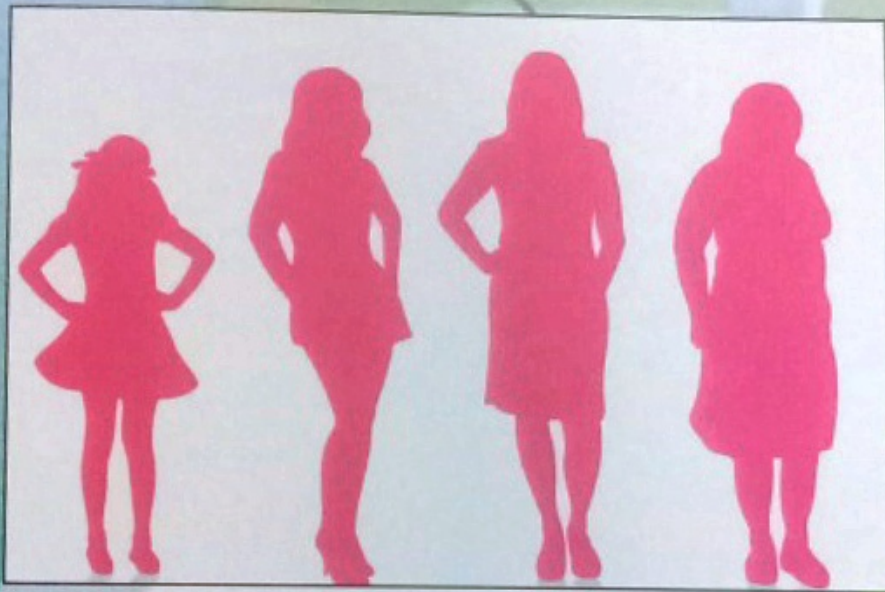


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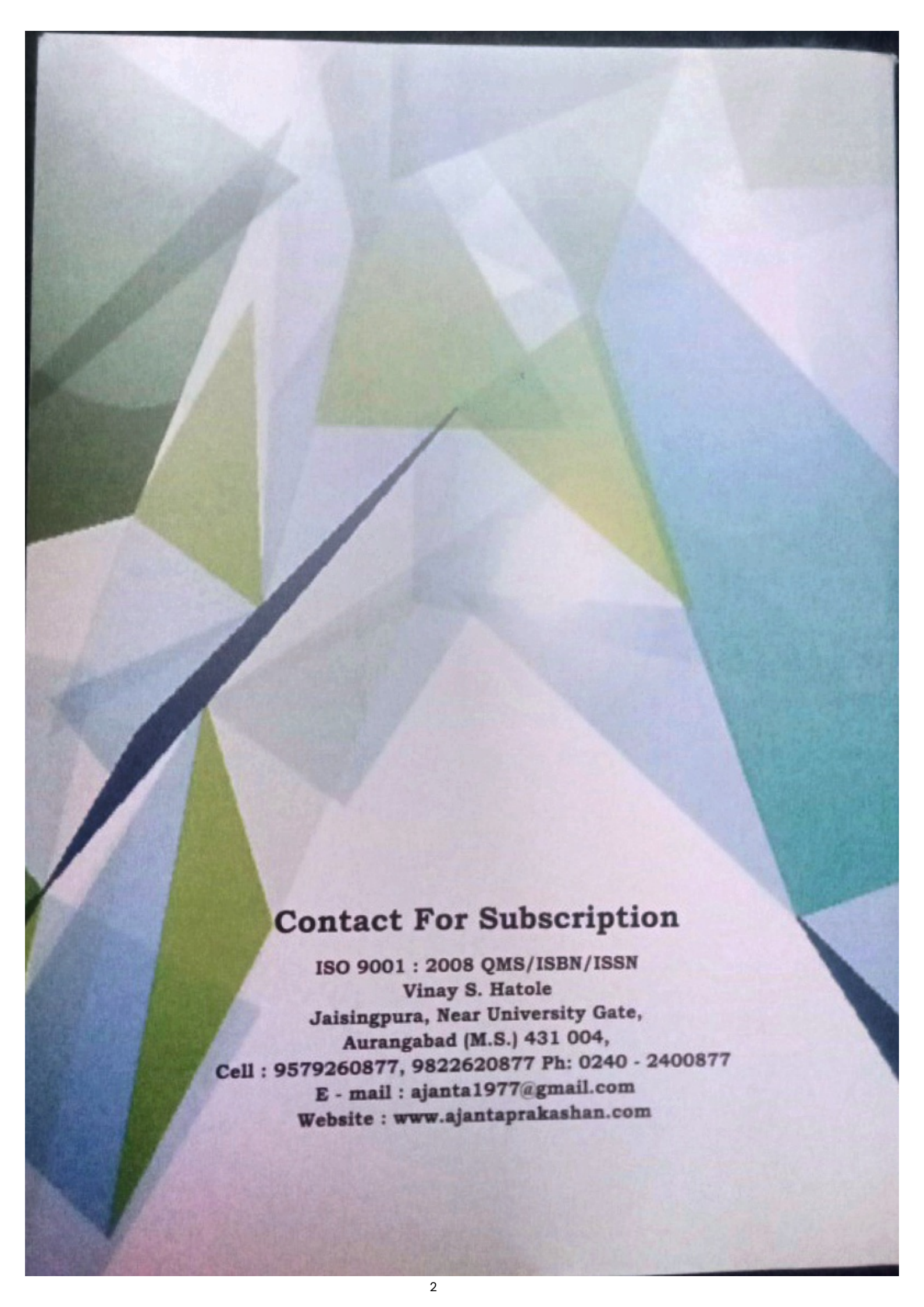


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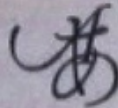
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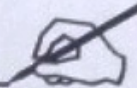
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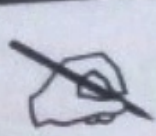
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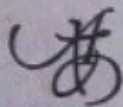
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Devendra Fadnavis
Chief Minister
Maharashtra



Mantralaya
Mumbai 400 032

14th November 2018

MESSAGE

I am happy to know that Government College of Arts and Science, Aurangabad and Maharashtra State Women Commission are jointly organizing an interdisciplinary National Conference with the theme of Adolescent Girls and Their Health.

Women's physiological makeup calls for special nutritional supplements. Nutrition is a determinant of health. A well-balanced diet increases the body's resistance to infection, thus warding off a host of infections as well as helping the body fight existing infection. Besides all these facts modern lifestyle also brought some challenges with it. The attention needs to be focused on these issues to maintain the dignity and respect for women's health in our country.

Physical health deals with the ability to function and it can be gained and maintained by regular exercise and balanced diet which creates a balance between what we eat and the way our body uses the food for energy and growth. So it is necessary to create awareness among the adolescent girls for the balanced diet, exercise and timely check-up and right medical treatments.

I hope that this conference will help in creating awareness among girls about improper nutrition and social and cultural challenges which are adversely affecting their physical and psychological health.

I wish the conference all success.

(Devendra Fadnavis)

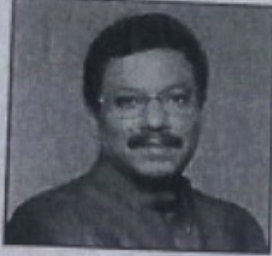
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Vinod Tawde

Minister

**School Education, Sports and
Youth Welfare, Higher and
Technical Education, Marathi Bhasha,
Cultural Affairs, Minorities Development and
Wakf**



GOVERNMENT OF MAHARASHTRA
Mantralaya, Mumbai 400 032
www.maharashtra.gov.in

Date : 28.11.2018

MESSAGE

I am happy to know about the Interdisciplinary National Conference on the theme 'Adolescent Girls and their Health', organised by the department of Home Science, Government College of Arts and Science, Auranagabad, in collaboration with Maharashtra State Commission for Women, Mumbai.

Promoting healthy behaviours during adolescent and taking steps to better protect young girls from health risks are critical for the prevention of health problems in adulthood, and for the future health of the country. We, as a society, are committed to safeguard the interests of the adolescent girls and encourage them to develop and thrive as individuals, in all walks of life.

Choosing to address this theme, through this initiative, the organisers have illustrated their social consciousness and determination to create awareness about the same. I hope that in this conference, the experts will uphold their potential of excellence and the thoughtful interaction on the various issues pertaining to the topic will pave way for positive and constructive action with regards them. Keeping in view the needs of the present age.

I extend my best wishes to the organisers and the participants of the event and wish them well for all future endeavours.

Thank you.

Yours,

(Vinod Tawde)



MESSAGE

It is a great pleasure for me to note that the Department of Home Science, Government College of Arts and Science, Aurangabad (M.S.) in collaboration with Maharashtra State Commission for Women; Mumbai (M.S.) is organizing an Interdisciplinary National Conference on the theme "Adolescent Girls and their Health".

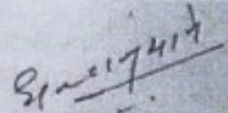
The theme of the Conference has very important national concern. The experts, researchers and academicians from different parts will discuss different issues related to the theme and will find some solutions. These solutions in other way will help to overcome the challenges faced by adolescent girl which has direct effects on their physical and mental health.

I am very pleased to note that the organizers are taking initiatives to publish a Research Journal. This will motivate the researchers and also encourage the students for research. I wish the organizers a great success in this endeavour of publishing the Research Journal.

I congratulate the organizers for organizing International Conference. I extend my warm greeting to the delegates.

I wish a grand success for the event.

Date- .20.10.2018
Place : Pune.


(Dr.Dhanraj Mane)
Director (Higher Education),
Maharashtra State, Pune - 1.



महाराष्ट्र शासन
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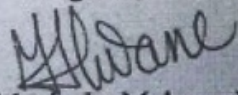
MESSAGE

I congratulate you for conducting Interdisciplinary National conference and addressing the issue of Adolescent girls and their health which is silent emergency in India today.

Though there are various schemes of State and Central Government for eradicating malnutrition and restoring the nutrition deficit, it is still a serious problem in India. Adequate nutrition, a fundamental cornerstone of any individual's health, is especially critical for women because inadequate nutrition wreaks havoc not only on women's own health but also on the health of their children. As we know according to statistics every fourth women in this country has mental health problem which also needs to be addressed expeditiously. I appreciate Government College of Arts & Science, Aurangabad for taking a step towards it wherein mental, physical, and social health of adolescent girls would be discussed. This conference would also give an opportunity to Researchers to put forth their good quality research which will be published in ISSN numbered journal. Moreover sub themes of this conference like peer pressure and social media, gender discrimination and adolescent girls and effect of stress are unconventional aspects of malnutrition.

As Member Secretary of Maharashtra State Commission for Women I would like to convey my best wishes for successful conference and stimulating exchange of ideas. I believe that this endeavour would be guiding path for upliftment and empowerment of women which could only be possible by enhancing emotional and social quotient of women and making them self sufficient.

Regards,


(Dr. Manjusha Molwane)
Member secretary

Dr. Babasaheb Ambedkar Marathwada University,
Aurangabad - 431 004 Maharashtra (India)

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Professor B.A. Chopade

M.Sc., Ph.D. (Nottingham University, England)
Fogarty Fellow (Illinois University, Chicago, USA)

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October 10, 2018



It is a great pleasure for me to note that the Interdisciplinary National Conference on the topic "Adolescent Girls and their Health" is organized by the Department of Home Science Government Arts and Science College, Aurangabad (M.S.) in collaboration with Maharashtra State Commission for Women, Mumbai (M.S.).

The theme is of great National concern and an important issue. Academicians, experts and young researchers from different parts of the country will exchange their ideas and deliberate the issues. The conference will result in fruitful discussions. I hope the conference will be useful to the society in general and adolescent girls in this country in particular.

I congratulate to the Principal, Dr. Rohini Kulkarni Pandhare, Organizer Sanjivaneer Godsay and all their faculty members who are associated in the organizing team and extend my warm wishes to the Conference, organizers and delegates. I wish the conference a grand success.

Professor B. A. Chopade
Vice-Chancellor

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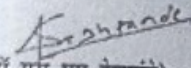
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GASCA

Date: 24th October 2018

From the Principal's Desk

It gives us immense pleasure to present the 'Special Issue 'on Adolescent Girls and their Health. I extend my warmest greetings to all educationists, academicians, students, research scholars, thinkers and intellectuals.

The development of Food Science plays an important role in the Cultural evolution. Body Shaming, Fat Shaming, Food Shaming, Improper dieting patterns can have serious health hazards. Improper Nutrition, Gender discrimination, Early Marriage, Peer- Pressure and social media are some of the challenges which adversely affect the health of the adolescent girl. Change in the mental, social, psychological, emotional make-up of a person can be made by creating awareness about the health of adolescent girls. Deconstruction of standard notions and myths can bring about a change in Post- Modern Society!

This Journal is an endeavor to showcase various perspectives on 'Standards of Beauty' and 'Beauty Myth', perceiving oneself in the Selfie culture, Mental, Psychological and Social well-being of a person. Large numbers of research papers have been compiled in the journal which makes it an interesting read! The interest and enthusiasm of publishing the journal is fully supported and endorsed by Government of Maharashtra and Maharashtra State Commission for Women, Mumbai.

I take this opportunity to express my sense of gratitude towards all the dignitaries who encouraged us to hold this conference. I wish success to all the participants and hope they would come up with some thought provoking ideas after the whole day of brainstorming sessions. I wish all the thinkers, intellectuals and academicians a very mentally stimulating experience. May the thoughts materialize into reality and not stay in utopia!

Principal

Rakul Kulkarni
Dr. Rohini Kulkarni Pandhare

Govt. College of Arts & Science, A. bad.

BEST WISHES

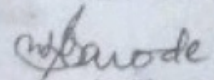
I am glad to know that you are holding a conference on the issue of adolescent girls health in collaboration with Maharashtra State Commission for Women.

Adolescence is threshold to adulthood. Hence proper care of the adolescents is necessary for readily entering adulthood to shoulder responsibilities thereby.

The research studies, concerning women, undertaken by various institutions confirm that adolescent girls health is one of the many neglected / unattended issues in our society. It is therefore necessary to create awareness on this aspect among the families / societies through conducting meetings, workshops, conferences at various levels.

I congratulate you and your team for organizing conference on such important issue. I am sure, the fruitful deliberations of the conference will come out with practical, purposeful solutions to mitigate the problem.

With best wishes,


Shamala Harode
(Ex. AD & P. S.Sc.MAU)

BEST WISHES



Adolescence is a period of preparation for undertaking greater familial, social, cultural and economic responsibility in adulthood. For adolescent girls in India, however, it is a period of heightened vulnerability because of poverty, lack of education, early marriages, child birth, malnutrition and lack of access to basic health care facilities. Their optimal participation in familial and economic roles is hence restricted.

I would like to congratulate, Department of Home Science, Govt. College of Science and Art, Aurangabad, and Maharashtra State Commission for Women, Mumbai, for taking the initiative of organizing a National Conference on Adolescent girls and their Health. I hope the conference will help to create awareness about the magnitude of health problems faced by the majority of Indian adolescent girls. I wish for fruitful outcomes of the Conference as in drawing the attention of the stakeholders toward the special health and developmental challenges of adolescent girls in India and in planning useful future universal health programmes for them.

Dr. Mrs. Sudeep Bhangoo
Deputy Director,
Colleges, Punjab (Retd)
Former Principal,
Govt. Mohindra College,
Patiala, Punjab

BEST WISHES



Congratulations on your exemplary work and achievements.

I wish to extend to you, my best wishes for the Interdisciplinary National Conference that you have organized. Wish you great success in all your endeavors.

I'm indeed proud of you. Keep up the good work.

Good Luck and God Bless

Shanti Vanguri

(Retired Computer Software
Professional, USA,

Former Assistant Professor at
Marthwada Agriculture University)

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